



Implementing effective occupational therapy in dementia; the needs and strategies for occupational therapists.

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Content presentation

- Motive and summary about implementation and strategies
- The needs of occupational therapists
- Supporting strategies towards the occupational therapists
- Conclusion



Motive and summary-1-

- Effectiveness and cost-effectiveness of community occupational therapy in dementia (COTiD) is found (1,2)
- OT interventions are described in a guideline for community occupational therapy (COTiD) in dementia.
- Several barriers were found for implementing this effective occupational therapy interventions.(3)



The needs of occupational therapists.

Examples:


- “I lose overview of the possible OT interventions of COTiD.
- “I don’t have enough skills and routine in applying these OT interventions in dementia”
- “I don’t receive referrals from medical practitioners for elderly with dementia and their caregivers”



Aim presentation

Intention:

1. To give an overview of the supporting strategies for the occupational therapists using the COTiD guideline.
2. To explain the contents of the supporting strategies for the occupational therapists.



Supporting strategies towards occupational therapists

A. Implementation training, followed by seminars in region.

A two day course in which the methodology and content of implementation is explained.

B. Web based systeem and forum:

A digital system with the structure of the COTiD guideline explained. A part of the system is set aside for an open discussion on the forum.

C. Coaching on the job

Peer supervision in which peers provide critical and supportive feedback on a mutual basis to improve professional skills of the occupational therapists.

A: Implementation training, followed by seminars in region.

Examples of content:

- Mutually consultation.
- Simulated training in COTiD
- Using web based system.

Emphasis on using and applying COTiD with the elderly and caregivers



A: Implementation training, followed by seminars in region.

Seminars in region:

- Part 1: Interdisciplinary meeting for mutual benefit.
- Part 2: Intervision about network and collaboration in the region.

Emphasis on network and collaboration with other (medical)practioners





B: Web based system and forum

Content of the web based system.

- Structure of the COTiD guideline.
- Appendix with explanations about COTiD
- Questions to stimulate reflection on action.
- Possibility to deliver a report on the COTiD interventions



ErgoMonitor

Gebruiker

- Gebruiker: Admin
Soort: Onderzoeker
- Terug naar het hoofdscherm
- Log uit

Beheer

- Lijst van therapeuten
- Registreer een nieuwe therapeut
- Registreer een nieuw praktijk
- Exporteren van gegevens
- Toon het hulpmenu
- Bewerken Help

Contact

Voor inhoudelijke vragen kunt u contact opnemen met:

Jana Zajec

Stappen van de richtlijn voor: 1_11_1

1. Diagnostiek

dinsdag 29 september 2009 10:10 Compleet

2. Opstellen van doelen

vrijdag 2 oktober 2009 14:21 Compleet

3. Behandeling en evaluatie

vrijdag 2 oktober 2009 14:23 Openstaand

Stappen van de richtlijn » Diagnostiek » Probleemdefinitie

Probleemdefinitie ?

- ✓ 1. De probleemdefinitie vormt het uitgangspunt en luidt als volgt
(*Onderstaande gegevens worden gekopieerd naar de behandelrapportage)

De geformuleerde probleemdefinitie omvat een interpretatie met betrekking tot:

2. Motivatie

Ja Nee
☐ ☐

- ✓ Eventuele toelichting:

3. Prioriteiten

Ja Nee
☐ ☐



B: Web based system and forum

Examples of the forum.

"How can I explain the benefits of COTiD to elderly with dementia?"

"What to do? a caregiver is worried about safety but the elder person with dementia doesn't recognize the problem"

"Can we exchange presentations about COTiD for medical practioners?"



B: Web based systeem and forum

Team Discussion - Windows Internet Explorer

https://www.surfgroepen.nl/sites/ergoforum/Lists/Team%20Discussion/AllItems.aspx

Bestand Bewerken Beeld Favorieten Extra Help

Team Discussion

Deze website wil deze invoegtoepassing uitvoeren: 'Name ActiveX Control' van 'Microsoft Corporation'. Klik hier als u de website en de invoegtoepassing vertrouwt, en deze wilt uitvoeren....

SURFGroepen > Ergotherapie forum

Welcome Marjolein Thijssen | My Site | My Links

Ergotherapie forum

Home Meeting Chat Help

This List: Team Discussion

Site Actions

Ergotherapie forum > Team Discussion

Team Discussion

Use the Team Discussion list to hold newsgroup-style discussions on topics relevant to your team.

New Actions Settings

View: Subject

Subject	Created By	Replies	Last Updated
ze is er!	Jana Zajec	3	3/30/2010 1:15 PM
Tips voor aanschaf boeken	Marielle Hammer	5	3/25/2010 3:31 PM
"Flitspresentatie" ergotherapie bij dementie en "interventie verhalen"	Marjolein Thijssen	0	3/24/2010 3:18 PM
Presentatie en documenten van de regiogroep I; maart 2010	Marjolein Thijssen	0	3/23/2010 5:03 PM
Beeldvorming van artsen over ergotherapie	Carola Döpp	1	3/23/2010 5:01 PM
automatische opname telefoongesprek tijdens het bellen	Anke Maasdam	1	3/23/2010 9:05 AM
Opbouwen netwerk t.b.v. verkrijgen verwijzingen	Mieke Jolij	1	3/22/2010 9:31 PM
mobielteje voor mensen met geheugen problemen?	Tirza van Elk	1	3/8/2010 3:56 PM
Tips	Carola Döpp	0	3/8/2010 12:24 PM
Gebruik webbased systeem	Floortje Nouwen	2	2/23/2010 12:14 PM
productomschrijving	Carola Döpp	1	2/22/2010 11:45 AM
ergotherapie bij gebruik signaleringsapparatuur	Gera Lambrechts	0	1/28/2010 5:24 PM
zijn er al veel aanmeldingen voor het onderzoek?	Tirza van Elk	5	1/13/2010 5:01 PM
Regiogroep Amsterdam en omstreken	Doortje Kruisdijk	1	1/4/2010 1:43 PM
Dementie nee ouder worden	Renske van Basten	1	1/3/2010 1:47 PM
Hoe leg je kort uit wat ergotherapie voor een client kan betekenen?	Floortje Nouwen	1	1/3/2010 1:36 PM
contact met de verwijzer	Carola Döpp	2	1/3/2010 1:25 PM
studiepunten/accreditatie	Ingrid Brattinga	1	1/3/2010 1:19 PM

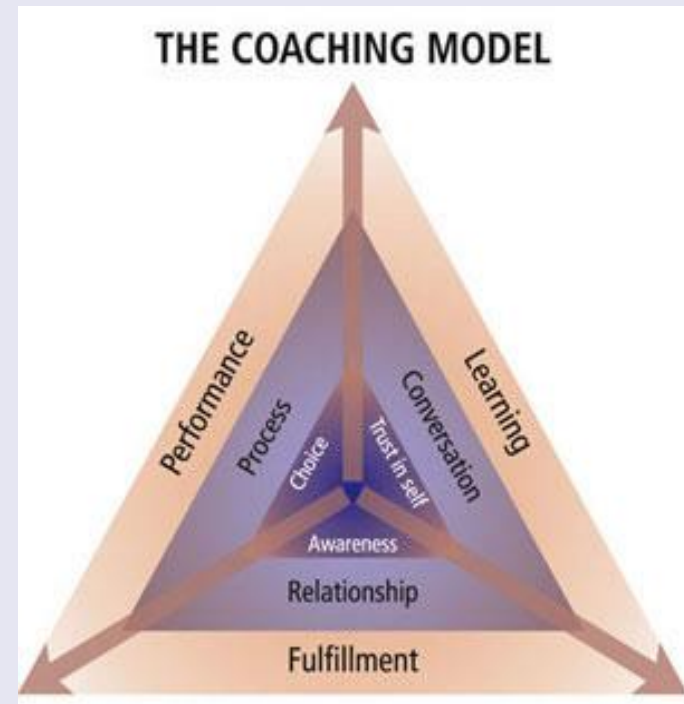
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C: Coaching on the Job

Content of the coaching on the job.

- Motivational interviewing about implementation
- Case analyses
- Critical and supportive feedback.
- Progression of collaboration and referrals

First aid at uncertainty





C: Coaching on the job

Examples of the coaching on the job.

“I don’t have enough time to implement COTID”

“I am not sure about the interventions towards the caregiver.”

“Did I do enough? ”



Conclusion

- An overview of the supporting strategies for the occupational therapists using the COTiD guideline is given.
 - **Implementation training, followed by seminars in region**
 - **Web based system and forum**
 - **Coaching on the job**





Thank you for your attention!

For more information about the strategies
towards occupational therapists.

Please contact: marjolein.thijssen@han.nl

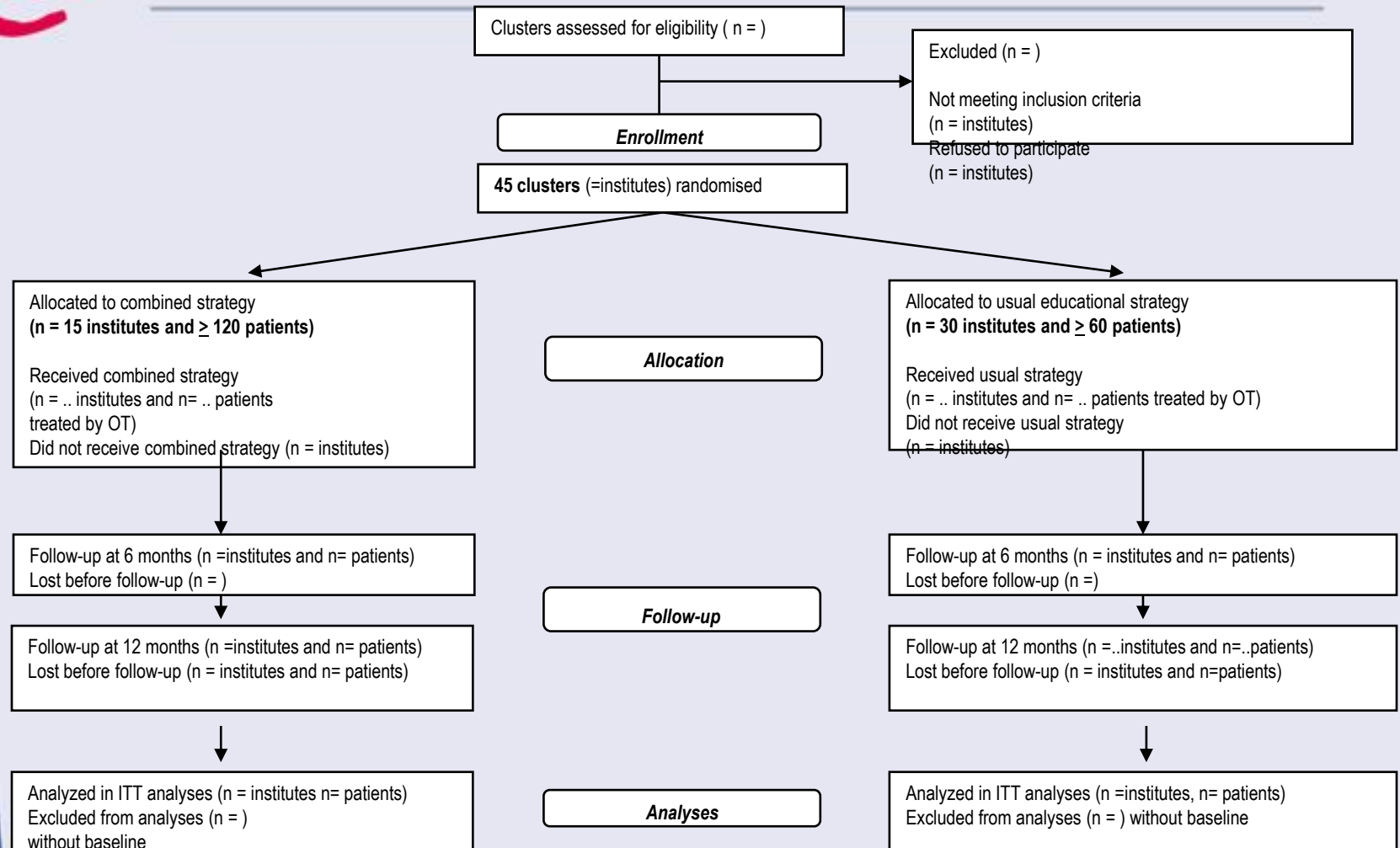


More information-1-

- Supporting strategies towards occupational therapists are combined with other strategies, for example:
 - Strategies towards medical practitioners (examples: information about COTiD through website and newsletter)
 - During a cluster randomised trial, an experimental group of occupational therapists will receive supporting strategies to implement the occupational therapy guideline for dementia;
 - Implementation and evaluation of a Community Occupational Therapy program for clients with dementia and their primary caregivers: a cluster randomized controlled trial
-



More information-2-





More information-3-

For more information about the Implementation and evaluation of a Community Occupational Therapy program for clients with dementia and their primary caregivers: a cluster randomized controlled trial:

please contact: c.dopp@iq.umcn.nl.

For more information about the strategies towards occupational therapists and combination:

Please contact: marjolein.thijssen@han.nl

References.

- 1) Community occupational therapy in patients with dementia and their caregivers: a randomised controlled trial. Maud JL Graff, Myrra JFJ Vernooij-Dassen et al. *BMJ* 2006; 333:1196
- 2) Community occupational therapy for older patients with dementia and their care givers: cost effectiveness study. Maud J L Graff, Eddy M M Adang et al. *BMJ* 2008;336:134-138.
- 3: Facilitating and impeding factors for implementing an effective occupational therapy guideline for older persons with dementia and their informal caregivers. Leven van 't, N, Graff MJL et al. in press.
- 4: Döpp CME & Graff MJL (2009). RESEARCH PROTOCOL: Implementation and evaluation of a Community Occupational Therapy program for clients with dementia and their primary caregivers: a cluster randomized controlled trial